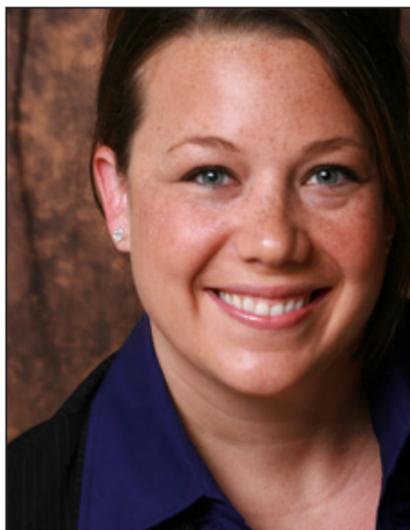


R.A.D.I.C.A.L. Woman of the Month: Audra McMahon



Audra McMahon

Even though she looks like she's seventeen, Audra McMahon has lots of experience under her belt. In fact, the first time I talked with her on the phone, she sounded a bit too young and a bit too perky. But when I met her face-to-face and heard her story and saw her passion for helping divorcing/divorced women, my opinion changed.

Audra's story is much like many of ours, but she used her life experience and her talents to create a business to make the process of buying a house easier for women on the divorce journey.

The first things one notices about Audra is her friendliness, her knowledge, her organization and her dedication to helping. But most important is that she knows her business. She knows what she's doing and how to get you the best deal possible. That's important when your life is in turmoil after

divorce. It's wonderful to be able to have one little piece of the puzzle that you don't have to worry about.

Audra lives out her mission statement in what she does every day: "It is my mission and my vision to protect you with a plan, guide you with hope and empower you to embrace change with confidence." She does this by educating women facing divorce on the importance of understanding their mortgage. And because she has been through divorce herself, she provides her services with an empathetic approach to the whole process.

I love Audra's website tagline, "Guiding Divorced Women Home." Here's how Audra describes why she does what she does, "I do this job because I know what an honor it is to have a home where your life happens. I also know how hard it is to think logically when you're going through a divorce. Emotions are high in any divorce. Whether those feelings are anger, pain, or sadness, they often cloud your ability to think straight."

There's no doubt that divorce hurts, but life moves on. I take my career mastery and share it with those who need help making money decisions about their home. I guide women to financial peace of mind in their mortgage and help them save money, and that always feels good. It's my passion to help women hurting from divorce to feel just a little better by using their mortgage as a tool to wealth.

One of the most important things for a woman to understand is how

"When emotions are involved, you may be inclined to make a decision to help you feel better RIGHT NOW vs. what may be best for you after the dust of divorce settles."

Audra McMahon
Certified Mortgage Planning Specialist

To reach Audra:
www.audramcmahon.com
913-747-3279

much mortgage she can realistically afford and how it will affect her bottom line over the long term. One of the worst things that can happen is for a woman to get into a bigger house than she can handle. That causes stress and in some cases financial disaster. I encourage women to remember that "Your home depends on the joy and calm and fun found there more than the square feet and number of bathrooms." I also remind them that "Home is where you are."

"Home" is the most important place in the world, and when I can help women going through divorce better understand their mortgage, I know I am making a positive financial impact on their lives.

Expect empowerment & new opportunities after divorce!



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Our theme this month is
EXPECTANCY

"You begin by always expecting good things to happen." Tom Hopkins, Sales Champion. "An intense anticipation itself transforms possibility into reality; our desires are precursors of the things which we are capable of performing." Samuel Smiles "You don't get what you want, you get what you expect." Jane Abram

What do you expect? What kind of future are you anticipating? It makes a difference. Occasionally, part of the problem is that we spend precious time expecting certain actions or words from someone else and stop concentrating on what we should be expecting for ourselves.

Harold Kushner, author of *When Bad Things Happen to Good People* makes a valid point when he says, "Expecting the world to treat you fairly because you are a good person is like expecting the bull not to charge you because you are a vegetarian."

As most of us are figuring out by now, we can't control other people. We can't control what anyone else is doing or saying. We can't control most circumstances in the world. But we can control our own thinking and our own actions and our own decision for our life to be good regardless of the external circumstances.

This month the BUZZ is focusing

on our ability to attract good vibes and good people and good results by expecting those things and taking actions to get those results. We can expect good because we are in charge of choosing good every time. We have the ability to make our life full of joy or full of misery because both are a result of our expectations and our daily choices.

We can't keep the bulls of bad stuff from charging, but we can always choose how to prepare for and how to respond to that challenge. We can lay down and wait for those bulls to run us over ... or we can even laugh and start sprinting toward the nearest fence as fast as we can!

So this month, we're going to concentrate of fine-tuning our ability to expect the best for ourselves. We will anticipate success and joy in our lives. When we do that, the those things will find their way to us.

Be On Tip-Toe!

Tell your Story

Contact me ... send your photo ... share your R.A.D.I.C.A.L. success story

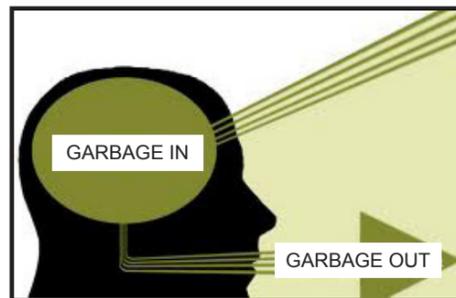
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Good Thoughts

You Don't Get What You Want -- You Get What You Expect.

It's true that you don't get what you want, you get what you EXPECT! So in order to attract happiness, wealth and prosperity to you, your thoughts and your beliefs MUST be in alignment with those positive thoughts and beliefs or you will continue to come up empty... pure and simple. What you think in your mind, you will produce in your life. That is the great Universal Law of life.

So how do we keep ourselves positive in light of what is happening in the world around us? Easy! First begin by staying clear of negative, gossiping people, situations and negative media. This is not to suggest that you have your head



in the sand and not be aware of things that are happening in the world. But unfortunately as the saying goes, "Garbage in, garbage out!" The more negativity we are around, the more likely we will once again get back into the same kind of negative thinking and acting and speaking as before. Surrounding ourselves with negative, complaining people and situations will only dissipate our good and we don't want to go backward after all the work we've done! Remember, 'you assemble with those you resemble,' and if this means bringing

new people and new activities into your life, (and getting rid of the old ones), so be it.

Another Universal Law states that 'like attracts like,' and as such, you cannot attract anything above your own level. If you want something at a higher level you must BE at a higher level in order to accomplish that. So, please start getting in tune with and staying in tune with the higher, healthier and more prosperous side of life by choosing thoughts of happiness, harmony, success, prosperity and abundance and get rid of the negative ones of lack and limitation. Negativity just

breeds more negativity. But conversely, the good news is that positivity and success breed more of the same of THOSE empowering thoughts as well! What you focus on expands. So, begin being aware as to what are you concentrating on most each day for that will surely determine your life conditions.

Thoughts are things and YOUR thoughts create your reality!

Jane Abrams, Author, Coach, Radio Host



Success comes in cans
I CAN do this!

Mind Bogglers:

{Ridiculous Things We've Done!}

"I put stuff on his facebook page that people probably didn't know about him! :))"
Anonymous

DO NOT DO THAT!
(Or anything that could land you in jail!)



Share your mind boggler
frisky@midlifedivorcerecovery.com

Anything is Possible

When I was first going through divorce, my Mom sent me this little book entitled, *Anything is Possible: Humor and Wisdom for Success and Prosperity*.

She wrote little messages to me like, "Come on! You can do it!" Do that with a friend or child who is struggling with something. I still get it out and am encouraged by "experts" and my mom.

"What lies behind us, and what lies before us are tiny matters, compared to what lies within us."
Ralph Waldo Emerson

"We write our own destiny. We become what we do." Madame Chaing Kai-Shek *Yes, we do!*

"Goals give purpose. Purpose gives faith. Faith gives courage. Courage gives enthusiasm. Enthusiasm gives energy. Energy gives life. Life lifts you over the bar!" Bob Richards

"Explore! Dream! Discover! Mark Twain *Do it Sis! How badly do you want it?!*"

"When you are inspired by some great purpose, some extraordinary project, all your thoughts break their bonds; your mind transcends limitation, your consciousness expands in every direction and you find yourself in a new, great and wonderful world. Dormant forces, faculties and talents become alive, and you discover yourself to be a greater person by far than you ever dreamed yourself to be." Pantanjali

You can start over, Suzy, and have fun! Life will be full again! Come on! Make your life wonderful!

"Through a simple, believing prayer, you can change your future. You can change what happens one minute from now."
Bruce Wilkinson

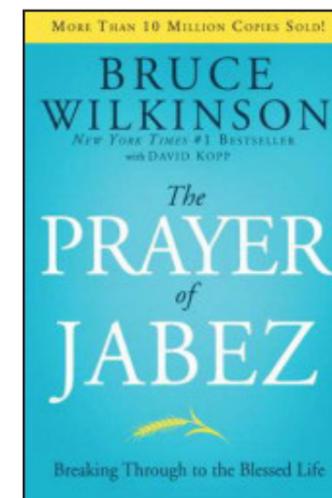
Good Reads: *The Prayer of Jabez* by Bruce Wilkinson

If you are a God person, the book *The Prayer of Jabez* by Bruce Wilkinson is a good one to add to your library. The book is small and short and you can read it at one sitting in not much more than an hour.

Bruce challenges readers of his book to pray the Jabez Prayer every day for thirty days expecting God to show His unlimited goodness to us in a very personal way. The premise is that God wants us to ask for his best blessings and for Him to "enlarge our territory" - (our area of influence) for him. The prayer also encourages us to pray that God's hand (His power and presence) would be with us so that we can "Live Large" for his glory and purposes. When we ask for this help, we "release God's power to accomplish His will and bring Him glory through all those seeming impossibilities."

Our surrender to His will turns into his unlimited opportunity to bless us and use us to bless others. "God's bounty is limited only by us, not by His resources, power, or willingness to give. Jabez was blessed simply because he refused to let any obstacle, person or opinion loom larger than God's nature, and God's nature is to bless."

Why don't we all commit to praying "The Jabez Prayer" (at right) every day for 30 days and see what happens. Let's see what discoveries we make and what blessings and opportunities God places before us.



The Jabez Prayer

"And Jabez called on the God of Israel saying, 'Oh, that You would bless me indeed, and enlarge my territory, that Your hand would be with me, and that You would keep me from evil, that I may not cause pain!' So God granted him what he requested."

I Chronicles 4:10 (NKJV)